

May Hot Breakfast Menu

Delivering health one meal at a time!

Monday	Tuesday	HOT BREAKFAST Wednesday 🔥	Thursday	HOT BREAKFAST Friday 🔥
		Egg & Cheese Breakfast Sandwich on English Muffin, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Bagel w/ Jelly, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Waffles, Cinnamon Apples, Fruit, 100% Fruit Juice, Fluid Milk
		1	2	3
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk	Chicken Sausage & Pancake Sandwich, Cinnamon Pears, 100% Fruit Juice, Fluid Milk	Whole Grain Cinnamon Toast Pastry, Fruit, 100% Fruit Juice, Fluid Milk	Omelet w/ Cheese, Whole Grain Corn Muffin, Fruit, 100% Fruit Juice, Fluid Milk
6	7	8	9	10
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Honey Biscuit, Chicken Sausage Patty, Cinnamon Peaches, Fluid Milk	Whole Grain Bagel w/ Jelly, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Mini Pancakes w/ Fruit Compote,100% Fruit Juice, Fluid Milk
13	14	15	16	17
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk	Omelet w/ Cheddar Cheese, Whole Grain Pancake, Cinnamon Pears, 100% Fruit Juice, Fluid Milk	Whole Grain Cinnamon Toast Pastry, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Croissant, Chicken Sausage Patty, Warm Apples, 100% Fruit Juice, Fluid Milk
20	21	22	23	24
Holiday - No Breakfast	Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk 28	Egg & Cheese Breakfast Sandwich on English Muffin, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Bagel w/ Jelly, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Waffles, Cinnamon Apples, Fruit, 100% Fruit Juice, Fluid Milk

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125 Menu subject to change This institution is an equal opportunity provider Phone 617-606-7123 | Fax 617-606-7126 |