





## March Hot Breakfast Menu

Delivering health one meal at a time!

Monday	Tuesday	HOT BREAKFAST Wednesday 	Thursday	HOT BREAKFAST Friday 
				Whole Grain Pancakes w/ Fruit Compote, 100% Fruit Juice, Fluid Milk 1
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk 4	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk 5	Egg & Cheese Breakfast Sandwich on English Muffin, Fruit, 100% Fruit Juice, Fluid Milk 6	Whole Grain Bagel w/ Jelly, Fruit, 100% Fruit Juice, Fluid Milk 7	Whole Grain Waffles, Cinnamon Apples, Fruit, 100% Fruit Juice, Fluid Milk 8
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk 11	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk 12	Chicken Sausage & Pancake Sandwich, Cinnamon Pears, 100% Fruit Juice, Fluid Milk 13	Whole Grain Cinnamon Toast Pastry, Fruit, 100% Fruit Juice, Fluid Milk 14	Omelet w/ Cheese, Whole Grain Corn Muffin, Fruit, 100% Fruit Juice, Fluid Milk 15
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk 18	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk 19	WG Honey Biscuit, Chicken Sausage Patty, Cinnamon Peaches, 100% Fruit Juice, Fluid Milk 20	Whole Grain Bagel w/ Jelly, Fruit, 100% Fruit Juice, Fluid Milk 21	Whole Grain Mini Pancakes w/ Fruit Compote, 100% Fruit Juice, Fluid Milk 22
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk 25	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk 26	Omelet w/ Cheddar Cheese, Whole Grain Pancake, Cinnamon Pears, 100% Fruit Juice, Fluid Milk 27	Whole Grain Cinnamon Toast Pastry, Fruit, 100% Fruit Juice, Fluid Milk 28	Whole Grain Croissant, Chicken Sausage Patty, Warm Apples, 100% Fruit Juice, Fluid Milk 29

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125 [Menu subject to change](#) This institution is an equal opportunity provider Phone 617-606-7123 | Fax 617-606-7126 |

Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed. In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.