City Fresh Foods

March Hot Breakfast Menu

Delivering health one meal at a time!

Monday	Tuesday	HOT BREAKFAST Wednesday 🔥	Thursday	HOT BREAKFAST Friday 🔥
				Whole Grain Pancakes w/ Fruit Compote, 100% Fruit Juice, Fluid Milk **1**
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk **4**	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk **5**	Egg & Cheese Breakfast Sandwich on English Muffin, Fruit, 100% Fruit Juice, Fluid Milk **6**	Whole Grain Bagel w/ Jelly, Fruit, 100% Fruit Juice, Fluid Milk **7**	Whole Grain Waffles, Cinnamon Apples, Fruit, 100% Fruit Juice, Fluid Milk **8**
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk **11**	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk **12**	Chicken Sausage & Pancake Sandwich, Cinnamon Pears, 100% Fruit Juice, Fluid Milk **13**	Whole Grain Cinnamon Toast Pastry, Fruit, 100% Fruit Juice, Fluid Milk **14**	Omelet w/ Cheese, Whole Grain Corn Muffin, Fruit, 100% Fruit Juice, Fluid Milk **15**
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk **18**	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk **19**	WG Honey Biscuit, Chicken Sausage Patty, Cinnamon Peaches, 100% Fruit Juice, Fluid Milk **20**	Whole Grain Bagel w/ Jelly, Fruit, 100% Fruit Juice, Fluid Milk **21**	Whole Grain Mini Pancakes w/ Fruit Compote, 100% Fruit Juice, Fluid Milk **22**
Whole Grain Cereal, Fruit, 100% Fruit Juice, Fluid Milk **25**	Whole Grain ZeeZee, Fruit, 100% Fruit Juice, Fluid Milk **26**	Omelet w/ Cheddar Cheese, Whole Grain Pancake, Cinnamon Pears, 100% Fruit Juice, Fluid Milk **27**	Whole Grain Cinnamon Toast Pastry, Fruit, 100% Fruit Juice, Fluid Milk **28**	Whole Grain Croissant, Chicken Sausage Patty, Warm Apples, 100% Fruit Juice, Fluid Milk **29**