

June Cathedral Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
			Cheeseburger, Whole Grain Bun, Potato Wedges, Fruit, 100% Fruit Juice, Fluid Milk, Ketchup	Whole Grain Buffalo Chicken Pizza, Sweet Potato Wedges, Fruit, Craisins, Fluid Milk, Ketchup
Chili Mango Chicken, Brown Rice, Carrots, Fruit, Applesauce, Fluid Milk	Beef Taco Bowl, Whole Grain Brown Rice, Black Beans & Corn, Fruit, 100% fruit juice, Fluid Milk	Meatball (Beef & Chicken) w/ Red Sauce, Whole Grain Pasta, Broccoli, Fruit, Apple Chips, Fluid Milk	Jamaican Beef Patty, Whole Grain Brown Rice, Plantains, Fruit, 100% Fruit Juice, Fluid Milk	No Meals
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30