



## May High School Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken, Brown Rice, Carrots, Fruit, 100% fruit juice, Fluid Milk <b>2</b>	Chicken Fajitas w/Onions & Peppers, Whole Grain Tortilla Wrap(2), Black Beans & Corn, Fruit, 100% Fruit Juice, Fluid Milk, Sour Cream PC <b>3</b>	Whole Grain Rotini Pasta w/ Meatballs (Beef & Chicken) & Marinara Sauce, Green Beans w/ Peppers, Fruit, Applesauce, Fluid Milk <b>4</b>	Grilled Cheese on Whole Grain Croissant, Tater Tots, Fruit, Craisins, Fluid Milk, Ketchup <b>5</b>	Whole Grain Buffalo Chicken Pizza, Broccoli, Fruit, 100% Fruit Juice, Fluid Milk <b>6</b>
WG Crispy Chicken Bites, Tater Tots, Baked Beans, Fruit, Fruit Cup, Fluid Milk, BBQ Sauce <b>9</b>	Beef Fajita Bowl, Brown Rice, Black Beans & Corn, Salsa & Sour Cream, Fruit, 100% Fruit Juice, Fluid Milk <b>10</b>	HALF DAY NO LUNCH <b>11</b>	Meatball Sub (Turkey) w/Red Sauce & Mozzarella, Whole Wheat Hot Dog Bun, Broccoli, Fruit, Applesauce, Fluid Milk <b>12</b>	Whole Grain Pepperoni Pizza, Green Beans w/ Peppers, Fruit, Craisins, Fluid Milk <b>13</b>
Jamaican Beef Patty, Whole Grain Brown Rice, Stewed Kidney Beans, Fruit, Applesauce, Fluid Milk <b>16</b>	Chicken Enchiladas w/Enchilada Sauce, Whole Grain Brown Rice, Corn w/Peppers, Fruit, 100% Fruit Juice, Fluid Milk, Sour Cream PC <b>17</b>	Whole Grain Chicken Corn Dogs, Sweet Potato Tater Tots, Fruit, Raisins, Fluid Milk, Ketchup <b>18</b>	BBQ Pulled Chicken Sandwich, Whole Grain Bun, Corn w/ Peppers, Fruit, Fruit Cup, Fluid Milk <b>19</b>	Whole Grain Meatball Pizza(Beef), Broccoli, Fruit, Craisins, Fluid Milk <b>20</b>
Whole Grain Popcorn Chicken, Brown Rice, Carrots, Fruit, Fluid Milk, Fruit Cup, Sweet & Sour Dipping Sauce <b>23</b>	Beef Tacos, Whole Grain Tortilla Wrap(2), Black Beans & Corn, Fruit, 100% Fruit Juice, Fluid Milk, Sour Cream PC <b>24</b>	Teriyaki Chicken, Whole Grain Brown Rice, Edamame & Corn, Fruit, 100% Fruit Juice, Fluid Milk, <b>25</b>	Cheesburger(Beef), Whole Grain Hamburger Bun, Potato Wedges, Fruit, Craisins, Fluid Milk, Ketchup <b>26</b>	Whole Grain BBQ Chicken Pizza, California Blend Vegetables, Fruit, Raisins, Fluid Milk <b>27</b>
HOLIDAY - NO SCHOOL <b>30</b>	Chicken Fajitas w/Onions & Peppers, Whole Grain Tortilla Wrap(2), Black Beans & Corn, Fruit, 100% Fruit Juice, Fluid Milk, Sour Cream PC <b>31</b>			