

2024 ATHLETIC HALL OF FAME

Meet our Distinguished Inductees

CLARISSA (JONES) CUTTS '06



2006



Today

Clarissa (Jones) Cutts, a 2006 graduate of Cathedral High School, was an unstoppable force on the court during her four years playing for Cathedral High School's Girls Basketball team. With a knack for leadership and a passion for the game, she left an indelible mark on every team she graced. Starting as a standout point guard in high school, she led her team with grace and tenacity, becoming a 1000point scorer and earning accolades that paved her path to greatness.

Her college career at Molloy College in New York was nothing short of spectacular, as she guided her team to not one but two championships, solidifying her status as one of the game's finest. Alongside her formidable teammates, she was honored with induction into her college basketball's hall of fame in 2019, a testament to her enduring legacy.

But her impact didn't stop there. Transitioning seamlessly into coaching, she played a pivotal role in steering Roxbury Community College to consecutive championships, showcasing her prowess both on and off the court. Her dedication to the sport and mentorship resonated deeply with her players, shaping future generations of athletes.

Off the court, Clarissa continues to inspire. Embracing her role within the Commonwealth of Massachusetts, she also channels her passion for fitness into her own training business, empowering others to reach their full potential. Amidst her professional endeavors, she finds solace and joy in her family life, residing in the South Shore with her loving husband, cherished 7-month-old daughter, supportive mother, and youngest brother.



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ZACHARY DIXON '75



1975



1983 NFL - Seattle Seahawks

Zachary Dixon was born into a bustling family of thirteen siblings in Boston, where his athletic journey began. His transfer to Cathedral High School in 1974 set the stage for a storied career in both football and basketball, marking the inception of his legacy in the world of sports. Dixon's high school years were a showcase of his burgeoning talent and unyielding dedication, qualities that would define his path through college athletics and into the professional ranks of the NFL. Dixon ended up leading all Catholic Leagues High Schools in rushing the football with 1837 yards. He also played defensive safety, giving Cathedral's football team a record of 7-3 for that year. He also starred on the Cathedral basketball team as forward/shooting guard, averaging 16 points a game. This induction into the Cathedral High School Athletic Hall of Fame celebrates not only his remarkable achievements on the field and court but also his enduring impact on the sporting community and beyond.

His remarkable journey continued beyond the halls of Cathedral, with Dixon's prowess on the football field earning him a place at Dean Junior College, followed by a historic tenure at Temple University. There, as a running back, he shattered records and set new benchmarks, including joining the All Big East team in his final year and setting a single-season school rushing record that still resonates in the annals of Temple's history.

Drafted by the Denver Broncos in the 1979 NFL Draft, Dixon's professional career was characterized by versatility and excellence. Across six seasons, he made significant contributions both as a running back and on special teams, leading the NFL in kick returns and kick return yards during a standout year in 1983. Beyond his personal accolades, Dixon's legacy includes his influence on future generations, notably as the father of former Seahawks defensive end Raheem Brock and brother to retired professional women's basketball player Medina Dixon.

Reflecting on his illustrious career, from dominating Cathedral's football and basketball teams to his All-American status at Dean Junior College, and from his record-setting days at Temple University to his impactful NFL career, Dixon captures the essence of what it means to be in Cathedral's Athletic Hall of Fame. His example underscores a life dedicated to sporting excellence, marked by significant achievements that began with his incredible performance at Cathedral High School. Coach Pete Williams' observation, "Zack is the most exciting running back I've ever coached, and he's super defensively," encapsulates the dynamic talent and spirit play Dixon brought to every game, making his induction a fitting homage to his indelible mark on Cathedral High School and the wider world of sports.



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AL SEGADELLI '40, D



1940



In loving memory 1921-1991 Al Segadelli's induction into the Cathedral High School Hall of Fame is more than a celebration of athletic talent; it is a tribute to a man whose life was a testament to resilience, talent, and unwavering dedication. Born into a large, loving Italian immigrant family in Boston's North End in 1921, Al, affectionately known as "Freddie" in his youth, faced adversity early on with the loss of his mother and sister. Yet, amidst these trials, he found solace and purpose on the playgrounds and basketball courts of Catherine Moore House, where his natural ability began to shine, earning him the nickname "Seggie" for his prowess reminiscent of yesteryear's legends.

Nominated posthumously by his son Phil, Al's journey from the streets of the North End to the hallways of Cathedral High School in 1936 represents a pivotal chapter in his life. Under the mentorship of Coach John McCarthy, who recognized Al's innate athleticism and secured a scholarship for him to attend Cathedral for zero dollars, Al embarked on a storied high school career, becoming a multi-sport standout athlete. He dazzled on the football field for four years and in baseball as an outfielder and shortstop, shining on the basketball court under Coach Walter Costello, and left an indelible mark through his leadership and achievements.

Al's legacy at Cathedral was also deeply rooted in the friendships and bonds formed within its walls, under the guidance of mentors and coaches who saw in him not just an athlete, but a leader. His high school years were a precursor to an academic scholarship to Boston College, where the foundation laid at Cathedral allowed him to thrive.

Following his academic pursuits, World War II called, and Al served with distinction as a Lieutenant, Jg, in the U.S. Navy, further exemplifying his dedication to excellence and service. After the war, Al's path led him to over 30 years in education and coaching, where he continued to influence and inspire the next generations, embodying the spirit of perseverance and commitment he was known for.

Al's life story is a compelling narrative of a man who, despite early personal challenges, rose to embody courage, character, and heart. His legacy, marked by significant achievements in sports, education, and service, alongside the rich tapestry of relationships forged along the way, continues to inspire the Cathedral community and beyond.

As we honor Al Segadelli's legacy with his induction into the Hall of Fame, we celebrate not only a remarkable athlete but a man whose life was a beacon of inspiration, demonstrating what it means to overcome adversity with grace, lead with heart, and leave a profound mark on the world.