

## **April Cathedral Menu**

## Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken, Whole Grain Brown Rice, Carrots, Fruit, 100% Fruit Juice, Fluid Milk	Beef Taco Bowl, Whole Grain Brown Rice, Black Beans & Corn, Fruit, 100% fruit juice, Fluid Milk	Whole Grain Stuffed Shells w/ Marinara & Parm, California Blend Vegetables, Fruit, Apple Chips, Fluid Milk, Wheat Roll	Holiday - No Meals	Holiday - No Meals
Holiday - No School	Bistec Encebollado (beef with peppers & onions), Brown Rice, Black Beans & Corn, Fruit, 100% Fruit Juice, Fluid Milk	Chicken Alfredo, Whole Grain Pasta, Broccoli, Fruit, Craisins, Fluid Milk	Meatball Sub (Beef & Chicken), Whole Grain Hot Dog Bun, Green Beans w/ Red Peppers, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Buffalo Chicken Pizza, Sweet Potato Tater Tots, Fruit, 1% Milk, Ketchup
Holiday - No School	Holiday - No School	Holiday - No School	Holiday - No School 20	Holiday - No School 21
Chicken Wings, Brown Rice, Broccoli, Fruit, Applesauce, Fluid Milk  SENIOR BREAKFAST 9AM  24	Chicken Fajitas, Whole Grain Soft Tortilla (2), Black Beans & Corn, Fruit, 100% Fruit Juice, Fluid Milk	American Chop Suey, Whole Grain Pasta, Green Beans, Fruit, Craisins, Fluid Milk SENIOR BBQ	Grilled Cheese on Whole Grain Croissant, Sweet Potato Wedges, Fruit, 100% Fruit Juice, Fluid Milk, Ketchup	Whole Grain BBQ Chicken Pizza, Tater Tots, Orange, 1% Milk, Ketchup 28