

April Cathedral High School Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Holiday	Beef Taco Bowl, Whole Grain Brown Rice, Black Beans & Corn, Fruit, Craisins, Fluid Milk	Popcorn Chicken, Whole Grain Brown Rice, Sweet Potato Wedges, Fruit, Apple Chips, Fluid Milk	BBQ Philly Steak & Cheese Sub, Whole Grain Hot Dog Bun, Potato Wedges, Fruit, 100% Fruit Juice, Fluid Milk	Whole Grain Turkey-Bacon Pizza, Green Beans w/ Red Peppers, Fruit, Apple Chips, Fluid Milk
	Cold: Uncrustable Sandwich, Goldfish, String Cheese, Broccoli	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Corn & Peppers	Cold: Uncrustable Sandwich, Goldfish, String Cheese, Sugar Snap Peas	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Chickpeas
1	2	3	4	5
BBQ Chicken, Whole Grain Cornbread (2), Broccoli, Fruit, Applesauce, Fluid Milk	Chicken Fajitas, Whole Grain Tortilla Wrap, Black Beans & Corn, Fruit, 100% Fruit Juice, Fluid Milk	3 Cheese Mac & Cheese, Green Beans w/ Red Peppers, Fruit, Fluid Milk	Cheeseburger, Whole Wheat Bun, Sweet Potato Wedges, Fruit, Craisins, Fluid Milk, Ketchup	Whole Grain Cheese Pizza Sticks, Tater Tots, Orange, 1% Milk, Ketchup
Cold: Uncrustable Sandwich, Goldfish, String Cheese, Carrots	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Broccoli	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Corn & Peppers	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Sugar Snap Peas	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Chickpeas
8	9	10	11	12
Holiday 15	Holiday 16	Holiday 17	Holiday 18	Holiday 19
Honey Jerk Chicken Wings, Whole Grain Cornbread(2), Carrots, Fruit, Apple Chips, Fluid Milk	Whole Grain Cheese Quesadilla, Black Beans & Corn, Sour Cream, Fruit, 100% Fruit Juice, Fluid Milk	American Chop Suey, Whole Grain Pasta, Broccoli, Fruit, Craisins, Fluid Milk	Crispy Chicken Sandwich, Whole Wheat Bun, Tater Tots, Fruit, Craisins, Fluid Milk, Ketchup	Whole Grain Turkey-Pepperoni Pizza, Green Beans w/ Red Peppers, Fruit, Applesauce, Fluid Milk
Cold: Uncrustable Sandwich, Goldfish, String Cheese, Carrots	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Broccoli	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Corn & Peppers	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Sugar Snap Peas	Cold : Uncrustable Sandwich, Goldfish, String Cheese, Chickpeas
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22	23	24	25	26
22 Curried Chicken, Whole Grain Brown Rice, Carrots, Fruit, Applesauce, Fluid Milk	Beef Nachos, Tortilla Chips, Black Beans & Corn, Fruit, Craisins, Fluid Milk	24	25	26
Curried Chicken, Whole Grain Brown Rice,	Beef Nachos, Tortilla Chips, Black Beans & Corn, Fruit, Craisins, Fluid Milk Cold : Uncrustable Sandwich, Goldfish, String Cheese, Broccoli	24		26

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125 Menu subject to change This institution is an equal opportunity provider Phone 617-606-7123 | Fax 617-606-7126 |

Before placing meal orders please determine whether any anticipated consumers have a lood allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed. In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food