



## April Cathedral High School Lunch Menu

**Delivering health one meal at a time!**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Holiday</b>	<p>Beef Taco Bowl, Whole Grain Brown Rice, Black Beans &amp; Corn, Fruit, Craisins, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Broccoli</p>	<p>Popcorn Chicken, Whole Grain Brown Rice, Sweet Potato Wedges, Fruit, Apple Chips, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Corn &amp; Peppers</p>	<p>BBQ Philly Steak &amp; Cheese Sub, Whole Grain Hot Dog Bun, Potato Wedges, Fruit, 100% Fruit Juice, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Sugar Snap Peas</p>	<p>Whole Grain Turkey-Bacon Pizza, Green Beans w/ Red Peppers, Fruit, Apple Chips, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Chickpeas</p>
1	2	3	4	5
<p>BBQ Chicken, Whole Grain Cornbread (2), Broccoli, Fruit, Applesauce, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Carrots</p>	<p>Chicken Fajitas, Whole Grain Tortilla Wrap, Black Beans &amp; Corn, Fruit, 100% Fruit Juice, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Broccoli</p>	<p>3 Cheese Mac &amp; Cheese, Green Beans w/ Red Peppers, Fruit, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Corn &amp; Peppers</p>	<p>Cheeseburger, Whole Wheat Bun, Sweet Potato Wedges, Fruit, Craisins, Fluid Milk, Ketchup</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Sugar Snap Peas</p>	<p>Whole Grain Cheese Pizza Sticks, Tater Tots, Orange, 1% Milk, Ketchup</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Chickpeas</p>
8	9	10	11	12
<b>Holiday</b>	<b>Holiday</b>	<b>Holiday</b>	<b>Holiday</b>	<b>Holiday</b>
15	16	17	18	19
<p>Honey Jerk Chicken Wings, Whole Grain Cornbread(2), Carrots, Fruit, Apple Chips, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Carrots</p>	<p>Whole Grain Cheese Quesadilla, Black Beans &amp; Corn, Sour Cream, Fruit, 100% Fruit Juice, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Broccoli</p>	<p>American Chop Suey, Whole Grain Pasta, Broccoli, Fruit, Craisins, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Corn &amp; Peppers</p>	<p>Crispy Chicken Sandwich, Whole Wheat Bun, Tater Tots, Fruit, Craisins, Fluid Milk, Ketchup</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Sugar Snap Peas</p>	<p>Whole Grain Turkey-Pepperoni Pizza, Green Beans w/ Red Peppers, Fruit, Applesauce, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Chickpeas</p>
22	23	24	25	26
<p>Curried Chicken, Whole Grain Brown Rice, Carrots, Fruit, Applesauce, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Carrots</p>	<p>Beef Nachos, Tortilla Chips, Black Beans &amp; Corn, Fruit, Craisins, Fluid Milk</p> <p><b>Cold:</b> Uncrustable Sandwich, Goldfish, String Cheese, Broccoli</p>			
29	30			